

## Religious Perspectives on Doctoring and Bioethics

Spring 2017

Spring 2017 (Mon/Wed 1:30pm - 2:50pm)

Course Directors: Aasim I. Padela MD, MSc, and John Yoon, MD

### Course Description:

Religious traditions provide frameworks for understanding the human being and disease, and for attending to the moral dimensions of healthcare within the clinical encounter. For many patients and healthcare providers their religious identity strongly informs their health and healthcare behaviors, and religious authorities (texts as well as interpreters of those texts) provide ethical guidance by which to navigate the challenges of contemporary clinical medicine. Said another way for religiously-inclined individuals their practices and uses of medicine are bound within their view of what the ultimate purposes of life are; how medicine can service human flourishing and enhance the lives of individuals are questions that religion can provide answers for. This course will first introduce the challenges that moral pluralism in contemporary society presents to the health care professionals along with the subsequent challenges such pluralism poses in navigating the clinical encounter in today's complex health care system. It will expose students to consider the religious dimensions of health and the doctor (clinician)-patient relationship through a series of didactics that cover broad concepts relevant to the intersection of religion and clinical medicine from the perspective of the Abrahamic traditions (Judaism, Christianity, and Islam), and facilitated discussion sessions where students co-present readings that identify and address tensions between religion and medicine from contemporary secular and religious perspectives. Moreover, students will also examine traditional religious accounts both of medicine and of moral formation, to consider how they might inform answer to the question, *How does one become (and remain) a "good physician (healer)?"*

After conceptual foundations for the course are discussed in the initial didactic sessions, the heart of the course will offer a deep dive into religious perspectives over multiple sessions. Each lecturer representing a faith tradition will address the following questions in their lecture: 1) *What is health, how does it relate to living a fulfilling/flourishing life, and what is the place/role of contemporary medicine in enhancing human flourishing from the perspective of your tradition?* 2) *What are some salient clinical ethical challenges faced by adherents of your faith tradition in their interaction with contemporary medicine and the theological/ethico-legal concepts that undergird these challenges?* 3) *What does it mean to practice medicine in the context of living a good, faithful and rewarding life?* 4) *In your faith tradition, how does one become a "good physician" in the context of growing moral pluralism and health care complexity?*

### Instructor: Aasim I. Padela, MD, MSc

Associate Professor of Medicine, Department of Medicine,  
Director, Initiative on Islam and Medicine,

Faculty, MacLean Center for Clinical Medical Ethics

Office: University of Chicago Medicine, L-514

Phone: 773-702-6081; E-mail: [apadela@uchicago.edu](mailto:apadela@uchicago.edu)

Office hours: By appointment only; scheduled through Amanda Giles at [agiles@medicine.bsd.uchicago.edu](mailto:agiles@medicine.bsd.uchicago.edu)

### Instructor: John D. Yoon, MD

Assistant Professor of Medicine, Department of Medicine

Office: University of Chicago Medicine/ Bernard Mitchell Hospital W314 (Section of Hospital Medicine)

Phone: 773-702-5197; E-mail: [jdymoon@uchicago.edu](mailto:jdymoon@uchicago.edu)

Office hours: By appointment, but generally Mon/Wed (after class)

Course Admin: Cynthia Avila ([cavila16@uchicago.edu](mailto:cavila16@uchicago.edu)) & Sarah Watanaskul ([swatanaskul@bsd.uchicago.edu](mailto:swatanaskul@bsd.uchicago.edu))

Writing TA/grader: Daniel Kim MA, MPH, [dkim@medicine.bsd.uchicago.edu](mailto:dkim@medicine.bsd.uchicago.edu)

**Course Materials:** A course packet of selected mandatory readings will be provided to all registered students. Additional optional readings will be made available through Chalk or at course reserves in the library.

**Learning Objectives:** Attendees will be able to describe and compare the ways each of several religious traditions define health and view medicine as a means to promote human flourishing. Course attendees will also be able to identify the clinical ethical challenges that Jewish, Christian, and Muslim physicians and patients may confront and the values that are at-stake in these scenarios. **Student Course Assignments/Grading: TBD**

**Course Schedule:**

White = All students/fellows

Pink = undergraduates only (Yoon discussion section)

Blue = medical students & divinity students only (Padela discussion section)

Green = MacLean Ethics Fellows only (optional for other students)

**Mon Discussion Section(s):**

- **Section #1:** Undergraduates (Yoon) at W717 (Geriatrics Conference Room)
- **Section #2:** Medical students, Divinity students (Padela) at W-732 (MacLean Center Library)

**Wed Didactics:** All students/fellows (MacLean fellows only attend didactics on Wednesdays) at L-532

<b>Week 1</b> <b>MONDAY</b> <b>March 27</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]	<b>WEDNESDAY</b> <b>March 29</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i>	<b>WEDNESDAY</b> <b>March 29</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i>
Course Overview & Conceptual Ground with Yoon [Undergraduates]	[Room: L-523]  Introduction to Religion, Clinical Ethics, and the Doctor-Patient Relationship (Yoon)	[Room: P-117]  <u>Reproductive Ethics Seminar Series</u>
Course Overview & Conceptual Ground with Padela [Medical Students/Divinity Students]		

<b>Week 2</b> <b>MONDAY</b> <b>April 3</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]	<b>WEDNESDAY</b> <b>April 5</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i>	<b>WEDNESDAY</b> <b>April 5</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i>
Discussion on Religious Identity in the Halls of Medicine (Sloan/Koenig) [Undergraduates]	[Room: L-523]  The History of Medicine and	[Room: P-117] Reproductive Ethics Seminar Series “Religious Healthcare Institutions:

<p>Discussion on Religious Identity in the Halls of Medicine (Sloan/Koenig) [Medical School/Divinity School]</p>	<p>Religion: at the AMA and UofC – (Daniel Kim, MPH, PhD Candidate in Religious Ethics)</p>	<p>What Do They Mean for Patients, Clinicians, and Our Health System?" Debra Stulberg</p>
--	---	---

<p><b>Week 3</b> <b>MONDAY</b> <b>April 10</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p><b>WEDNESDAY</b> <b>April 12</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p><b>WEDNESDAY</b> <b>April 12</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p>Judaism and Medicine Articles [Undergraduates]</p>	<p>[Room: L-523]</p> <p>Jewish Perspectives (Rabbi Brackman)</p>	<p>[Room: P-117]</p> <p>Reproductive Ethics Seminar Series “Women Perspectives on Receiving Care in Religiously Affiliated Institutions” Lori Freedman</p>
<p>TBD [Medical Students/Divinity Students]</p>		

<p><b>Week 4</b> <b>MONDAY</b> <b>April 17</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p><b>WEDNESDAY</b> <b>April 19</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p><b>WEDNESDAY</b> <b>April 19</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p>Islam and Medicine Articles [Undergraduates]</p>	<p>[Room: L-523]</p> <p>Islamic Perspectives (Aasim Padela)</p>	<p>[Room: P-117]</p> <p><u>Reproductive Ethics Seminar Series</u></p>
<p>TBD [Medical Students/Divinity Students]</p>		

<p><b>Week 5</b> <b>MONDAY</b> <b>April 24</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p><b>WEDNESDAY</b> <b>April 26</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p><b>WEDNESDAY</b> <b>April 19</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p>Protestantism and Medicine Articles [Undergraduates]</p>	<p>[Room: L-523]</p>	<p>[Room: P-117]</p> <p>Reproductive Ethics Seminar Series</p>

<p style="text-align: center;"><b>TBD</b> [Medical Students/Divinity Students]</p>	<p style="text-align: center;">Protestant Christian Perspectives (Farr Curlin, MD)</p>	<p style="text-align: center;">“Contending Conscientiously for Good Medicine with Respect to Human Reproduction” Farr Curlin</p>
--	--	--

<p><b>Week 6</b></p> <p style="text-align: center;"><b>MONDAY</b> <b>May 1</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 3</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 3</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p style="text-align: center;"><b>TAKE-HOME MIDTERM DUE</b> <b>(no class)</b> [Undergraduates]</p>	<p style="text-align: center;">[Room: L-523]</p>	<p style="text-align: center;">[Room: P-117] Reproductive Ethics Seminar Series “Conscientious Provision of Abortion Care: The Counter-punch to Anti- Choice Willie Parker, MD, MPH, MSc</p>
<p style="text-align: center;"><b>TAKE-HOME MIDTERM DUE</b> <b>(no class)</b> [Medical Students/Divinity Students]</p>	<p style="text-align: center;">Special Ethics Topic (Speaker TBD)</p>	

<p><b>Week 7</b></p> <p style="text-align: center;"><b>MONDAY</b> <b>May 8</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 10</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 10</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p style="text-align: center;">Catholicism and Medicine Articles [Undergraduates]</p>	<p style="text-align: center;">[Room: L-523]</p>	<p style="text-align: center;">[Room: P-117]</p>
<p style="text-align: center;"><b>TBD</b> [Medical Students/Divinity Students]</p>	<p style="text-align: center;">Catholic Christian Perspectives (John Hardt, PhD)</p>	<p style="text-align: center;"><u>Reproductive Ethics Seminar Series</u></p>

<p><b>Week 8 (Last Week for Fellows)</b></p> <p style="text-align: center;"><b>MONDAY</b> <b>May 15</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 17</b> 1:30pm – 2:50pm CORE DIDACTICS <i>[ALL STUDENTS/FELLOWS]</i></p>	<p style="text-align: center;"><b>WEDNESDAY</b> <b>May 17</b> 12:00pm – 1:30pm MacLean Ethics Fellows Noon Seminar Series <i>[OPTIONAL FOR STUDENTS]</i></p>
<p style="text-align: center;">Doctor Patient Relationship Articles [Undergraduates]</p>	<p style="text-align: center;">[Room: L-523]</p>	<p style="text-align: center;">[Room: P-117]</p>

<p style="text-align: center;">TBD [Medical Students/Divinity Students]</p>	<p>Healthcare Chaplaincy: Current Practice and Controversies (George Fitchett &amp; Marsha Sumner)</p>	<p style="text-align: center;"><u>Reproductive Ethics Seminar Series</u></p>
---	--	--

<p><b>Week 9</b> <b>MONDAY</b> <b>May 22</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p><b>WEDNESDAY</b> <b>May 24</b> 1:30pm – 2:50pm CORE DIDACTICS [ONLY STUDENTS]</p>	<p><b>WEDNESDAY</b> <b>May 24</b> 12:00pm – 1:30pm</p>
<p>Doctor Patient Relationship Articles [Undergraduates]</p>	<p>[Room: L-523]</p>	<p style="text-align: center;">NO LECTURE</p>
<p style="text-align: center;">TBD [Medical Students/Divinity Students]</p>	<p>Stories from the UChicago Trenches: Physician Guest Speaker</p>	

<p><b>Week 10</b> <b>MONDAY</b> <b>May 29</b> 1:30pm – 2:50pm [DISCUSSION SECTIONS]</p>	<p><b>WEDNESDAY</b> <b>May 31</b> 1:30pm – 2:50pm CORE DIDACTICS [ONLY STUDENTS]</p>	<p><b>WEDNESDAY</b> <b>May 31</b> 12:00pm – 1:30pm</p>
<p><b>MEMORIAL DAY HOLIDAY</b> [NO CLASS]</p>	<p>[Room: L-523]</p>	<p style="text-align: center;">NO LECTURE</p>
<p><b>MEMORIAL DAY HOLIDAY</b> [NO CLASS]</p>	<p>Stories from the UChicago Trenches: Physician Guest Speaker</p>	

*Student Final Paper Due on Saturday June 10<sup>th</sup> by noon*

*(Graduating Students: Final Paper due Thursday June 1<sup>st</sup> by noon)*

## Course Readings

### **Week 1:**

Introduction - Curlin F, Hall D. The Limits of Consensus: Expanding technology, moral pluralism, and the future of medicine (working paper, unpublished manuscript).

Dan Sulmasy- The Intersection of Religion & Biomedicine.

### **Week 2:**

Daniel Kim- The History of Medicine and Religion: at the AMA at U of C

- Kim DT, Curlin FA, Wolenberg KM, and Sulmasy DP. Religion and Organized Medicine: The AMA's Committee and Department of Medicine and Religion, 1961-1974. *Perspectives in Biology and Medicine*. Summer 2014; 57(3): 393-414.

Fellows Presentation: Religious Identities in the Hall of Medicine

- Cadge, Wendy. *Paging God: Religion in the Halls of Medicine*. Chicago: University of Chicago Press, 2013. [Ch 1-2]

### **Week 3: Rabbi Brackman - Jewish Perspectives**

- Steinberg A. Jewish medical ethics. <http://www.jewishvirtuallibrary.org/jsource/Judaism/JewishMedicalEthics.pdf>
- Rosner F. An observant Jewish physician working in a secular ethical society: ethical dilemmas. *IMAJ*. 2005;(1):53.
- Dorff EN. The Jewish Tradition: Religious Belief and Healthcare Decisions. The Park Ridge Center.

### **Week 4: Wayne Detmer – Protestant Christian Perspectives**

- Berry, Wendell. Health Is Membership. Delivered as a speech at a conference, "Spirituality and Healing," at Louisville, Kentucky, on October 17, 1994.

### **Week 5: Aasim I. Padela - Islamic Perspectives**

- Waugh EH. The Islamic Tradition: Religious Belief and Healthcare Decisions. The Park Ridge Center.
- Padela AI. Islamic medical ethics: a primer. *Bioethics*. 2007; 21(3): 169–178.
- Sayeed S, Padela A, Naim MY, Lantos, JD. A Saudi family making end-of-life decisions in the PICU. *Pediatrics*. April 2012; 129(4): 764-768.
- Shabana A. Bioethics in Islamic thought. *Religious Compass*. 2014: 8(11): 337-346.

### **Week 6:**

Fitchett & Sumner- *Healthcare Chaplaincy: Current Practices and Controversies*

- Piderman KM. Why did God do this to me? In: Fitchett G, Nolan S, eds. *Spiritual Care in Practice: Case Studies in Healthcare Chaplaincy*. London: Jessica Kingsley Publishers; 2015: 68-94.
- Jankowski KR, Handzo GF, Flannelly KJ. Testing the efficacy of chaplaincy care. *Journal of Health Care Chaplaincy*. 2011;17(3-4):100-25.

Ray Williams- *Jehovah's Witnesses and Medicine*

- DuBose ER, Penton MJ. The Jehovah's Witness Tradition: Religious Belief and Healthcare Decisions. The Park Ridge Center.

### **Week 7: John Hardt- Catholic Christian Perspectives**

## Draft Version

- Hamel RP (updated by Kevin O'Rourke). *The Roman Catholic Tradition: Religious Belief and Healthcare Decisions*. The Park Ridge Center.

### **Week 8: Fellows Presentations Religion & Medicine: Deliberating over an "Unholy" Alliance**

- Sloan, Richard P. *Blind Faith: The Unholy Alliance of Religion and Medicine*. St. Martin's Griffin, 2008. [Ch 10,11]

### **For Facilitated Discussion Sessions:**

Cadge, Wendy. *Paging God: Religion in the Halls of Medicine*. Chicago: University of Chicago Press, 2013. [Ch 1-2]

Koenig, Harold G. *Medicine, Religion and Health: Where Science and Spirituality Meet*. West Conshohocken: Templeton Press, 2008. [Ch 1-4]

Sloan, Richard P. *Blind Faith: The Unholy Alliance of Religion and Medicine*. St. Martin's Griffin, 2008. [Ch 10,11,14]

Ray Williams. *Jehovah's Witnesses and Medicine*

- DuBose ER, Penton MJ. *The Jehovah's Witness Tradition: Religious Belief and Healthcare Decisions*. The Park Ridge Center.

Aasim Padela. *Islam and Medicine*

- Waugh EH. *The Islamic Tradition: Religious Belief and Healthcare Decisions*. The Park Ridge Center.
- Padela AI. Islamic medical ethics: a primer. *Bioethics*. 2007; 21(3): 169–178.
- Sayeed S, Padela A, Naim MY, Lantos, JD. A Saudi family making end-of-life decisions in the PICU. *Pediatrics*. April 2012; 129(4): 764-768.
- Shabana A. Bioethics in Islamic thought. *Religious Compass*. 2014; 8(11): 337-346.

Wayne Detmer. *Protestant Christianity (Ethical issues in Faith-Based Practices)*

- Berry, Wendell. *Health Is Membership*. Delivered as a speech at a conference, "Spirituality and Healing", at Louisville, Kentucky, on October 17, 1994

John Hardt. *Catholic Christianity and Medicine*

- Hamel RP (updated by Kevin O'Rourke). *The Roman Catholic Tradition: Religious Belief and Healthcare Decisions*. The Park Ridge Center.

George Fitchett

- Exline JJ. Religious and spiritual struggles. In: Pargament KI, ed. *APA Handbook of Psychology: Religion and Spirituality*. Vol. 1: Context, Theory, and Research. Washington D.C.: American Psychological Association; 2013: 459-475.

Draft Version

- Piderman KM. Why did God do this to me? In: Fitchett G, Nolan S, eds. *Spiritual Care in Practice: Case Studies in Healthcare Chaplaincy*. London: Jessica Kingsley Publishers; 2015: 68-94.

Daniel Kim.

- Kim DT, Curlin FA, Wolenberg KM, and Sulmasy DP. Religion and Organized Medicine: The AMA's Committee and Department of Medicine and Religion, 1961-1974. *Perspectives in Biology and Medicine*. Summer 2014; 57(3): 393-414.